**Kerri’s Bio**

Kerri is a Wellness Professional who has been working in the health and fitness industry for the last nine years. She is a certified ACSM Personal Trainer, level 3 YogaFit Instructor, certified Recreational Gymnastics Coach and a Certified Massage Therapist.

Kerri was also a past competitor of the Island Fitness Pageant, in which she would have competed for many years where she climbed her way into top three, affording her the opportunity to travel to the US to represent Barbados at the Miss Fitness World competition in 2010 and 2011.